

SPRAY TAN Preparation Instructions



The most important steps in your spray tan are how you prepare prior to arriving at your appointment, and what you do after you leave. Follow these steps to ensure flawless results that last. Remember that spray tan results are 50% you and 50% your provider!

Prior to your appointment date:

1. All waxing and shaving must be completed 24 hours in advance (minimum).
2. The day before your appointment, exfoliate the entire body very well with a mitt or dry brush (avoid body scrubs). Pay special attention to rough areas such as the knees and elbows.
3. Moisturize well leading up to the appointment.
4. Discontinue use of retinol or acne treatments (or anything drying) leading up to your appointment.

On the day of your appointment:

1. Have a shower to remove any lotions/creams/moisturizers, at least 2 hours prior to your service.
2. DO NOT reapply any lotions/creams/serums/oils. This includes deodorant and make-up if you are planning to tan your face. Avoid exercising/sweating after your shower. Please arrive at your appointment with clean, bare skin only.
3. Wear (or bring) dark loose clothing to wear after your session. There can be some transfer of the product onto clothing, but this will come off in the wash.
4. Remove jewelry.
5. During your appointment you can wear as much or as little as you like. It just depends on your comfort level and what tan lines you want. The product will wash off fabrics in the laundry. Disposable underwear is also available.

Schedule accordingly:

Make sure you don't have any strenuous activities, workouts, or events that may cause sweating or exposure to water after your spray tan.