



SPRAY TAN

Products to use and avoid

To maintain a long-lasting and even spray tan, it's crucial to avoid certain products that can strip the tan or cause premature fading. These include alcohol-based products, exfoliating scrubs, harsh soaps, and oils.

To keep your tan looking its best and lasting longer, opt for body washes and lotions that are gentle, moisturizing, and free of harsh chemicals.

Some good body wash options include Summer's Eve, Cetaphil Gentle Skin Cleanser, Native Body Wash, and CeraVe Soothing Body Wash.

Some recommended body lotions are Hempz, Aveeno Active Naturals Daily Moisturizing Lotion, Shea Moisture and CeraVe.

Spray tan-friendly sunscreens include Sun Bum and Coola.

These products are recommended because they are gentle on the skin and help preserve the tan.

Key features of Spray Tan Friendly Body Washes and Lotions:

- Sulfate-free
- Paraben-free
- Fragrance-free
- Gentle cleansing
- Hydrating
- PH balancing if your are pregnant, breastfeeding, or menstruating

Specific Products to Avoid:

Alcohol-based products: Toners, astringents, and even some perfumes can dry out the skin and cause the tan to fade faster.

Exfoliating scrubs: Scrubs, loofahs, and other exfoliating tools can remove the top layer of skin, taking the tan with it.

Harsh soaps: Bar soaps, especially those with harsh chemicals or fragrances, can strip the skin and lead to uneven fading.

Oils: Mineral oil, petroleum jelly, and other oils can create a barrier on the skin, hindering the tan's development and causing premature fading.

Anti-acne products: Products containing AHA's (Alpha Hydroxy Acids) or BHA's (Beta Hydroxy Acids) like salicylic acid can exfoliate and dry the skin, affecting the tan.

Anti-aging products: Retinol products and other anti-aging products that promote skin cell turnover can accelerate tan fading.

Certain lotions: Some lotions, like those containing high alcohol content or specific ingredients like mineral oil, can cause the tan to fade faster.

Makeup removers: Makeup removers, especially those containing oils, can dissolve the tan.

Bug spray, Bug repellent, and perfumes: These can strip the tan if sprayed directly onto the skin.

Aerosol sunscreens: These can also fade the tan.